

## A step at a time: CDC Creative Pupa

Originator: Torill Kolbu

**Hook:** Kamasan B100, #12-14

**Thread:** Gudebrod 8/0, gray

**Tail:** Wool yarn, red

**Abdomen (top):** Antron yarn, dark green

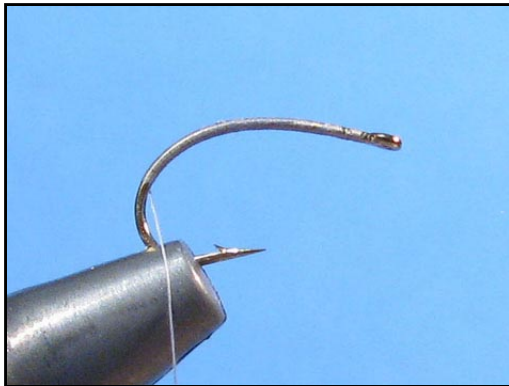
**Abdomen (bottom):** Antron yarn, amber

**Legs:** CDC, blue dun

**Thorax:** Fly-Rite, dark gray



### Step 1



Mount a hook in the vise, tie in the thread and wrap it down to the hook bend.

### Step 2



Tie down a piece of wool yarn to the entire abdomen part. Trim to a short tail and cut the waste.

### Step 3



Prepare two 4-5" pieces of antron by pulling some fibres from it to get them a little bit thinner (to about 2/3 or 3/4 the thickness from the spool). Tie in the darker color on the far side of the hook and the lighter color on the near side.

### Step 4



Tie down the pieces to the start of the tail, cut the waste and return up to the thorax with the thread. Tying off the thread before weaving isn't necessary if you're using a weaving tool, but the technique where you apply already made knots requires it.

### Step 5



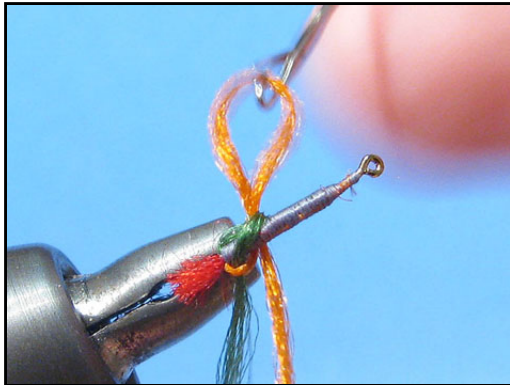
Starting position: The back of the hook towards you and a piece of antron on each side of the hook.

### Step 6



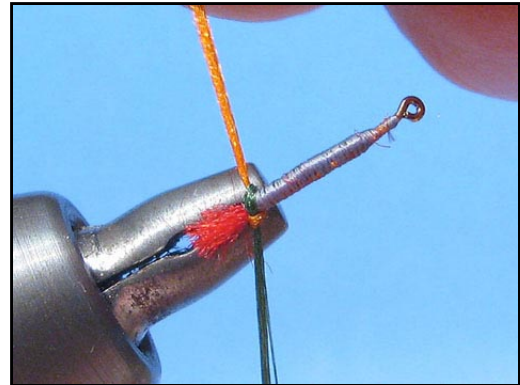
Lay the green strand over the hook shank and, through the loop that's forming, slip your tool down and bring it under the shank.

### Step 7



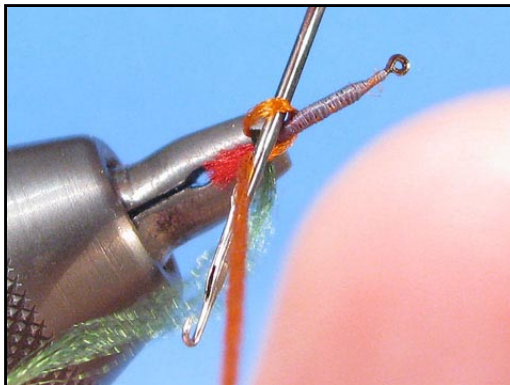
Catch the orange strand with the tool and pull it around the green, under the shank and up through the loop.

### Step 8



Tighten by stretching both strands straight out. First knot done and the colors have now switched sides.

### Step 9



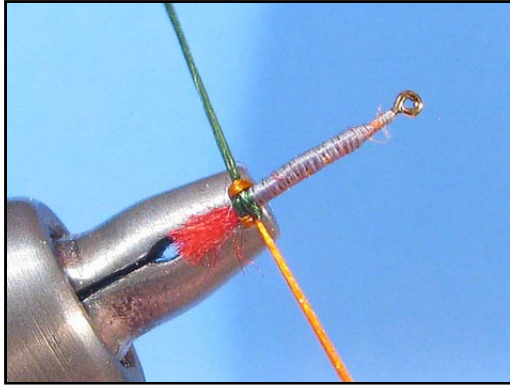
The same way you laid the green over to form a loop, now lay the orange UNDER the hook to form the loop, in which you bring the tool from BELOW, up ABOVE the hook and down UNDER the orange.

### Step 10



Catch the green on the other side, pull it under the orange, over the shank and down through the orange loop...

### Step 11



Tighten the knot. Second one done and the colors are back where they started. A little abdomen starts to take shape back there.

### Step 12



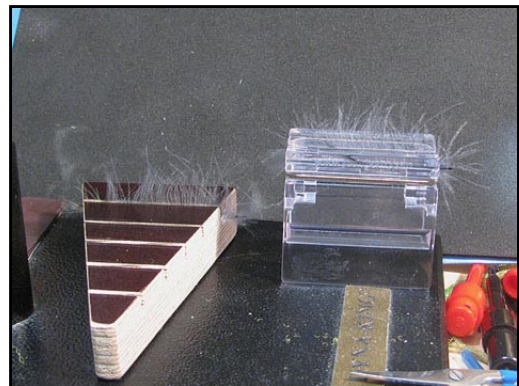
Continue the same way and cover about 3/5 of the hook shank.

### Step 13



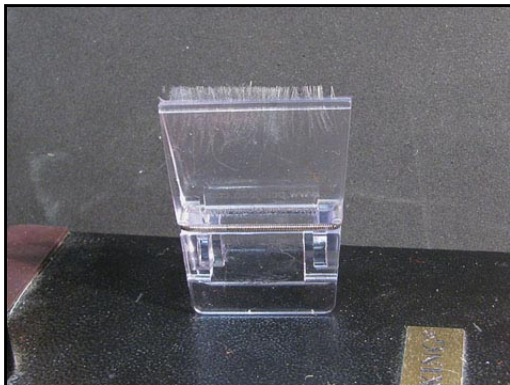
Tie in the thread again (if it was tied off), tie down the antron strands and cut the waste.

### Step 14



Prepare a CDC feather by doubling it. Here are two examples of tools made for this purpose, Kenneth Svensson's CDC-board (left) and Marc Petitjean's Magic Tool (right).

### Step 15



Lift the feather up in a clamp of some sort and cut the stem from the barbs.

### Step 16



Prepare a dubbing loop and place the barbs between the threads. Splitting the thread and placing them between the two halves works as well.

### Step 17



Spin the loop and create a "CDC-hackle".

### Step 18



Wrap the CDC around the rear 2/3 of the abdomen. Stroke the longer fibres backwards for each wrap.

### Step 19



Tie down the loop, cut as much of the waste as possible and cover the rest with thread, shaping a tapered underbody for the thorax.

### Step 20



Dub the thread sparsely.

### Step 21



Cover the underbody with dubbing.

### Step 22... and DONE!!



Finish the fly with a couple of whip-finish knots and cut the thread. Is this tasty or what??